

DAY	ACTIVITY	TIME	COACH	GROUP
Monday	Club Session (Men's)	9.30-11.30am		Social
	Club Session (Ladies)	1-3pm		Social
	Northgate After School	3.15-4.15pm	Sam Price	Schools Coaching
	Academy Orange/Green	5-6.30pm	Pete Harris	Performance Coaching
	Academy Yellow	6.30-8pm	Pete Harris	Performance Coaching
	Ladies Improvers	7-8pm	Chrissie Fothergill	Adult Coaching
	Adult Intermediates	7-8pm	Richard Johnson	Adult Coaching
	Cardio	8-9pm	Chrissie Fothergill	Adult Coaching
	Liveball	8-9pm	Pete Harris	Adult Coaching
	Tuesday	Club Session (Mixed)	1-3pm	
Pre-School Tots		2.15-2.45pm	Richard Johnson	Junior Coaching
Red & Orange Coaching		4-5pm	Sam Price	Junior Coaching
Green & Yellow Coaching		5-6pm	Richard Johnson	Junior Coaching
Club Session (Mixed)		5-10pm		Social
Wednesday	Rusty Rackets	9.30-11.30am	Richard Johnson	Adult Coaching
	Northgate Lunchtime	12.45-1.15pm	Richard Johnson	Schools Coaching
	Academy Red/Orange	4-5.30pm	Sam Price	Performance Coaching
	Academy Green/Yellow	5.30-7pm	Sam Price & Pete Harris	Performance Coaching
	Yellow Coaching	6-7pm	George Rowe	Junior Coaching
	Adult Beginners	8-9pm	Pete Harris	Adult Coaching
Thursday	Club Session (Men's)	9.30-11.30am		Social
	Pre-School Tots	12-12.30pm	Richard Johnson	Junior Coaching
	Northgate Lunchtime	12.45-1.15pm	Richard Johnson	Schools Coaching
	Club Session (Ladies)	1-3pm		Social
	Aces Red	4-5pm	Richard Johnson	Junior Coaching
	Aces Orange	5-6pm	Richard Johnson & Sam Price	Junior Coaching
	Aces Yellow	6-7pm	Richard Johnson & Sam Price	Junior Coaching
	Academy Green/Yellow	6-7pm	Pete Harris	Performance Coaching
	Team Practice	7-9pm		Social
	Adult Beginners	8-9pm	Pete Harris	Adult Coaching
Friday	Adult Intermediates	10am-12pm	Sam Price	Adult Coaching
	Northgate Lunchtime	12.45-1.15pm	Richard Johnson	Schools Coaching
	Club Session (Mixed)	5-7pm		Social
	Academy Yellow	6.15-7.45pm	Pete Harris & Sam Price	Performance Coaching
Saturday	Orange Coaching	9-10am	George Rowe	Junior Coaching
	Red Coaching	10-11am	George Rowe & Richard Johnson	Junior Coaching
	Green Coaching	11am-12pm	George Rowe	Junior Coaching
	Tots U5 Coaching	11-11.45am	Richard Johnson	Junior Coaching
	Yellow Coaching	12-1pm	George Rowe	Junior Coaching
	Junior Liveball	5-6pm	Pete Harris	Performance Coaching
	Junior Club Session	6-8pm		Social
Sunday	Club Session (Mixed)	9-11.30am		Social
	Red Coaching	10-11am	Pete Harris	Junior Coaching
	Academy Yellow	6-7.30pm	Dave Reed	Performance Coaching